

Tuen Mun Catholic Secondary School
2023-2024 School Circular Issue No. 19
(Suitable for F.5 students)

5th June, 2024

Dear parents and guardians,

Resources for Coping with Exam Stress, Backup Day for Final Exam, Exam Paper Review and Class Photo, Post Exam Period Schedule, Purchase of Summer Holiday Assignment

Please refer to the following items:

1. Resources for Coping with Exam Stress

To cope with exams in the best condition during the examination period, EDB has prepared a set of information about the importance to maintain good eating habits, engage in appropriate exercise, and get enough sleep. If you would like to know more about it, please visit the webpage on

<https://mentalhealth.edb.gov.hk/tc/promotion-at-the-universal-level/promotional-resources-for-schools/122.html>

2. Backup Day for Final Exams

In the event of inclement weather and the announcement of class suspension by the Education Bureau, the final exams scheduled for that day will be held on the backup day (15th June) with the same time arrangement. If class suspension occurs, the school will notify parents and students of the detailed arrangements through the school website and eParent app.

3. Paper Collection and Class Photo

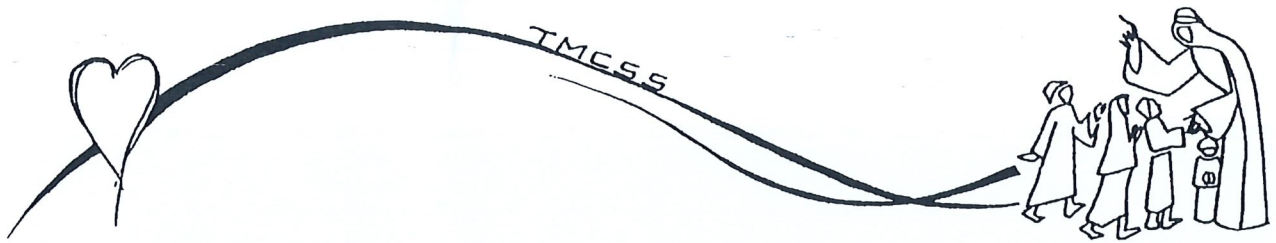
17th, 18th, and 20th June will be the days for collecting test papers for Form 2 students, allowing them to understand their performance in the exams. Class photos will also be taken during school hours. The schedule for school hours is as follows:

Date	School Hours
18 th June (Tuesday)	5A, 5B, 5D: 8:00-10:50, 5C: 8:00-10:50
20 th June (Thursday)	5A- 5D: 8:00-12:10
21 st June (Friday)	5A, 5B, 5D: 8:00-12:10, 5C: 8:00-10:50

The timetable for paper collection for each subject will be posted in the school ground floor lobby and uploaded on eClass for reference. If class suspension occurs due to typhoons, heavy rain, or other reasons, the paper collection arrangement for that day will be cancelled and there will be no makeup session. Otherwise, the report cards will not be distributed as scheduled on 10th July.

4. Post-exam Activities Arrangement

From 24th June to 10th July, there will be post-exam activities. Please refer to the attachment for more details. The school hours for post-exam activities will differ from regular school hours, so please pay special attention. Students must attend school on time and cannot be absent without valid reasons, as it will be considered as truancy.



5. Rope Course Activity

The Form 5 students will soon face the public exams next year. We hope to enhance their confidence and strengthen their bond through this activity. The activity will involve rappelling along a rope to descend from a higher level to the ground within the familiar school campus. Participants will experience different challenges at heights with the support of their classmates. Throughout the process, participants will overcome themselves and learn how to face difficulties and adversity, becoming a new driving force for future challenges.

Details of the activity are as follows:

Date	Event	Time	Assembly venue	Venue for activity
23 rd May(Thur.)	Briefing	3 : 05-3 : 50 p.m.	/	Lower Hall
17 th June (Mon.)	5D Rope Course	2 : 00 – 5 : 30 p.m.	Religious Room	New Wing Playground
18 th June (Tue.)	5B Rope Course			
19 th June (Wed.)	5C Rope Course			
6 月 20 日 (Thur.)	5A Rope Course			
Fee	\$100 (Total: \$350 including instructor training and insurance. Each student receives a subsidy of \$250 from the school)			

Others:

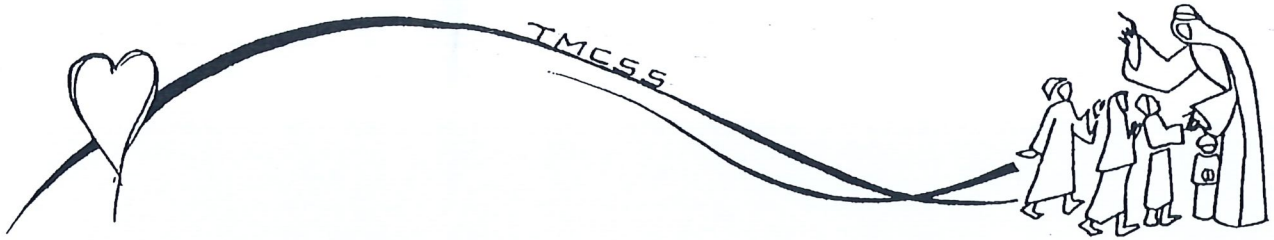
1. Attire: Students should wear sports uniforms or class shirts, sports pants, and suitable sports shoes.
2. Prepare extra clothing, towels, tissues, and mosquito repellent.
3. Bring drinking water (at least one bottle).

6. Purchase of Summer Homework

In order to review and learn new materials during the summer break, the Chinese Language, English Language, and Mathematics departments have assigned exercises as summer homework. Regardless of whether students are promoted to the next grade, all students must complete the summer homework for each subject. Parents are reminded to supervise their children to complete the homework seriously. The scope of summer homework for each subject will be distributed through eClass at a later date, and students must submit their summer homework on registration day, which is on 16th August. Regardless of whether students are promoted to the next grade, all students must complete the summer homework for each subject.

Yours faithfully,

(Wong Kit)



The reply slip should be submitted by 6th June.

Student Name: _____ Class: _____ Class No.: _____

2023-2024 Reply Slip for School Circular Issue No. 19
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Dear Mr. Wong,

I am well informed with the above information.

- The health condition of my child is suitable for the rope course activity.
- My child will participate in ground support only.

Parent's signature: _____

Date: _____