

屯門天主教中學

Tuen Mun Catholic Secondary School 2024 - 2025





Hello everyone,

This year marks my second year as the principal of Tuen Mun Catholic Secondary School. Let us take a moment to reflect on the past and look forward to the future!

I would like to share a quote from the Gospel of Matthew, Chapter 13 (verses 1-9), which speaks about the parable of the Kingdom of Heaven.

On that day, Jesus went out of the house and sat by the lake. Such large crowds gathered around him that he got into a boat and sat in it, while all the people stood on the shore. Then he told them many things in parables, saying: "A farmer went out to sow his seed. As he was scattering the seed, some fell along the path, and the birds came and ate it up. Some fell on rocky places, where it did not have much soil. It sprang up quickly, because the soil was shallow. But when the sun came up, the plants were scorched, and they withered because they had no root. Other seed fell among thorns, which grew up and choked the plants. Still, other seed fell on good soil, where it produced a crop-a hundred, sixty, or thirty times what was sown. Whoever has ears, let them hear!"

In the past year, our teachers have worked hard to cultivate our school into "good soil," enabling students to bear abundant fruit. We upgraded our school facilities, such as installing a curved large screen in Humanities Room, providing students with an immersive experience in their humanities subjects. We revamped the school's exterior, giving it a fresh and vibrant appearance. We also participated in the Green Campus Initiative by replacing the air conditioning in the hall and some

classrooms, equipping classrooms with smart blackboards, and ensuring that each classroom has blackboards on both sides, allowing students to showcase their learning outcomes more effectively. Additionally, we continuously introduce extracurricular activities to enhance learning and teaching, including a four-wheel drive course to optimize STEM education, our annual book fair to promote reading, and the production of an English musical—"Peter Pan" to boost students' confidence in learning and using English.

Looking forward to the next year, we will introduce the FARMUNITY programme, giving students the opportunity to engage in hydroponics, develop research skills, sell, or donate products to those in need, and learn accounting, marketing, and service-learning skills and knowledge. We will also build a new STEAM laboratory to further enhance students' knowledge and skills in computer programming, design, and engineering.

Our teachers continue to nurture students with love and dedication, constantly updating the curriculum to enhance overall student performance. We made significant progress in the 2024 Hong Kong Diploma of Secondary Education Examination, with results in all major subjects and the best five subjects surpassing the Hong Kong average, and 60% of our students obtaining university degrees. In the future, we will continue to strive forward, ensuring our students achieve even greater success in "good soil."

校長的話



本人擔任屯門天主教中學校長已是第二年, 讓我們來回顧過去及展望未來吧!

首先想跟大家分享一段福音,出自瑪竇福音 第十三章(1-9),有關天國的比喻。

在那一天,耶穌從家裏出來,坐在海邊上, 有許多群眾集合到他跟前,他只得上船坐下,群 眾都站在岸上。他就用比喻給他們講論了許多 事說:看,有個撒種的出去撒種;他撒種的時 候,有的落在路旁,飛鳥來把它吃了。有的落在 石頭地裏,那裏沒有多少土壤,因為所有的土壤 不深,即刻發了芽;但太陽一出來,就被曬焦; 又因為沒有根,就枯乾了。有的落在荊棘中,東 就結了實:有一百倍的,有六十倍的,有三十倍 的。有耳的,聽罷!

過去一年,本校老師努力把學校建造成「好地」,學生結了纍纍果實。當中我們升級了學校 硬件,如設置了人文室曲面大屏幕,讓學生在人 文學科中有沉浸式體驗;翻新了學校外牆,讓學

校有更清新爽朗的面貌;參與了綠色校園計劃,更換禮堂及部分課室的冷氣,又在課室添置智慧 黑板,這樣學生能在課室前後利用黑板展示學習成果。此外,我們持續引入聯課活動以優化學與 教,如增設四驅車課堂來加強創科教育,透過書展及學科好書推介,提升閱讀學習,並製作英語 音樂劇——小飛俠,讓同學更有自信地運用英語。

未來一年,我們將加入FARMUNITY計劃,學生有機會在校進行水耕及科研培育,將農作物 出售或捐助有需要的人,並學習會計營銷、服務學習的態度技能與知識。我們亦會建設新的創科 實驗室,進一步提升學生在電腦編程、設計及工程的知識和技能。

本校老師持續以愛及努力更新課程,提升學生的整體水平。學生在2024年度文憑試取得大幅度進步,所有主科以及最佳五科的表現皆高於全港水平,當中有百分之六十的同學獲大學取錄。未來我們會繼續前進邁步,讓學生在「好地」中再創佳績。





School History

Tuen Mun Catholic Secondary School is a full-time grammar school under the jurisdiction of the Hong Kong Catholic Diocese. It is a government-aided co-educational institution established in 1987. In its early years, the school borrowed classrooms from other schools and only offered Form 1 classes. In September 1988, the school moved to its current location in Kin Sang Estate and expanded to include Form 4 classes. In 1992, a pre-university program was introduced, continuing until 2012 when the new six-year secondary school system was implemented.



中六燒烤

School Vision

The school is founded on the five core values of Catholic education: "Truth, Justice, Love, Life, and Family." It promotes the Gospel spirit of Christian charity and justice, encouraging students to love life and family, understand the truth, and grow within a Catholic holistic education. The school motto, "Truth, Modesty, Constancy and Sincerity," embodies the attitude with which students are encouraged to face life and contribute to society.

School Mission

Upholding the ideals of Catholic education, the school seeks to spread the Gospel of love and justice as taught by Jesus Christ. With a positive outlook grounded in the values of "Truth, Modesty, Constancy and Sincerity," the school fosters ethical and moral practice to help students achieve their full potential while supporting others. Students are guided to grasp knowledge across various subjects, cultivating their ability to apply what they have learned in life and society, thereby contributing to the community and creating a fulfilling life.

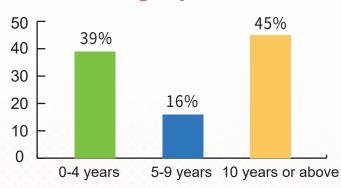
School Overview

With a focus on small class or group teaching, the school aims to reduce learning differences among students and enhance the effectiveness of teaching and learning. Currently, in junior secondary, there are full English classes and subject-based English classes. Full English classes use English as the medium of instruction, while subject-based English classes teach English Language, Mathematics, and Science in English, with other subjects taught in Chinese, supplemented with English instruction. Starting from the 2022/23 academic year, according to the third cycle of the language adjustment policy, the majority of students are required to use English as the medium of instruction. The language policy for senior secondary education is mainly conducted in English, with flexibility based on the requirements of public examinations and individual students' choices.

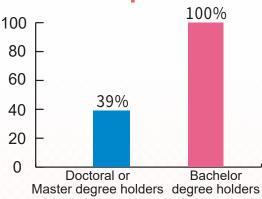
Teaching Team: Professional Collaboration and Excellent Innovation

External evaluation reports commend the teachers for their serious and committed teaching attitude, friendly and caring nature towards students, harmonious teacher-student relationships, and orderly classroom management, creating a positive overall atmosphere for learning. They are recognized for their dedication to students and their willingness to collaborate, fostering a strong team spirit.

Teaching experience



Teachers'qualification



Recent Major Educational Professional Collaboration Programmes

Promoting Student Autonomous Learning: Reading Planning and Strategy Utilization (Chinese Language) Seconded Teachers Strategy (Mathematics, Chinese Literature and Health Management and Social Care) Collaborative Research and Development ("Seed") Project (Mathematics, Chinese **Education Bureau** School-based Support Services (Science, Chinese Language) Language Across Curriculum, Nurturing gifted students through diversified learning experiences (English Language) Trends in International Mathematics and Science Study (TIMSS) **Hong Kong University** Evaluation Study on the Implementation of the Fine-tuned Medium of Instruction Arrangements for Secondary Schools Programme for International Student Assessment **Chinese University of** Jockey Club project on Virtual Reality of Chinese Language Education **Hong Kong** Students' Attitude and Motivation in Study Questionnaire Survey Hong Kong Literature Deep Experience Program of Hong Kong Literature Research Centre Fostering language development and personal growth through reading coming-of-age Other institutions stories: Bridging from Senior Primary to Junior Secondary



本校歷史



屯門天主教中學是香港天主教教區轄下的 一所全日制文法中學。本校是一所由政府資助 的男女校,創立於1987年。創校初期,借用其 他學校上課,只開設中一級。1988年9月遷入 屯門建生邨現址,增開中四級。1992年開設預 科班,直至2012年與新高中六年學制接軌。

學校簡介

學校以小班或分組教學,期望照顧每班學生的學習能力差異,促進學與教成效。在教學語言方面,現時初中設有全科英文班及主科英文班。全科英文班課程以英文為主要教學語言;主科英文班英國語文、數學和科學科以英文為主要教學語言,其他科目採用中文,輔記之為主要教學語授課。由22/23年度起,按第三周期語言微調政策,本校大部份學生須以英文為主要教學語言。高中教學語言政策以英語為主要教學語言,同時會因應公開考試的要求及個別學生的選擇,作出靈活安排。



學校願景

25周年啟動禮

以天主教教育的五個核心價值:「真理、 義德、愛德、生命、家庭」辦學。發揚基督 仁愛及公義的福音精神,讓學生熱愛生命、家 庭,明白真理,在基督為中心的「全人教育」 中成長;並以校訓「真、謙、恆、誠」的態 度,面對生命,貢獻社會。

學校使命

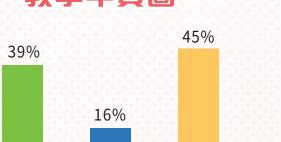
秉承天主教的辦學理念,傳揚耶穌基督仁 愛和公義的福音精神,以「真、謙、恆、誠」 的正面價值觀及勇氣實踐倫理道德,成己達 人。引領學生掌握各個領域的學科知識,培養 學生運用智慧的能力,把所學應用於生活和社 會,為國家社群作貢獻,創造美好的人生。

教師團隊: 專業協作 卓越創新

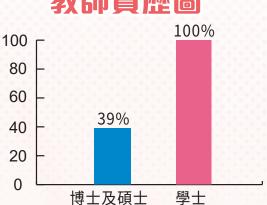
外評報告讚揚「教師教學態度認真、投入, 對學生親切友善,師生關係融洽,課堂秩序井 然,整體課堂學習氣氛良好」,「他們關懷學 生,工作勤懇,彼此合作,團隊精神良好」。







5-9年



近年主要教育專業協作計劃

教育局

0-4年

50

40

30

20

10

0

促進學生自主學習:閱讀規劃與策略運用(中國語文科)借調教師發展課程(數學科、中國文學科、健社科)

種籽計劃(數學科、中國文學科)

校本課程支援(科學科、中文語文科)

10年或以上

跨學科英語學習、透過多元學習經歷培育資優學生(英國語文科)

香港大學

國際數學與科學研究 (TIMSS)

微調中學教學語言安排實施情況的評估研究

香港中文大學

香港學生能力國際評估計劃 (HKPISA)

賽馬會「觸『境』生情」虛擬實境語文教學計劃

學生學習態度及動機調查計劃

香港文學研究中心

香港文學深度體驗計劃

其他機構

「通過成長小說促進語文學習與個人成長:高小至初中教學的過渡與銜接」計劃



Resilient and Self-Disciplined, Pragmatic and Progress-Seeking

We pride ourselves on nurturing students who embody resilience and self-discipline. Guided by an educational philosophy that fosters exploration and the pursuit of truth, our students delve deep into their academic studies and harness the power of technology. They work tirelessly alongside one another, forging a strong community of learners.

In a bustling world, our students stand out for their sincerity, humility, and commitment to practical solutions. Our alumni shine brightly across diverse fields, achieving extraordinary success and making meaningful contributions to society.

Dedicated and Community-Oriented, Embracing the World

Our students are passionate about serving and contributing to the community. We instill in them a deep sense of gratitude and a commitment to their families, country, and the world at large. With the guidance of our dedicated teachers and a rich array of civic education activities, our students embody the spirit of unity and compassion, valuing both people and the environment.

Our alumni, countless in number, have pursued fulfilling careers in education, healthcare, social work, and more, making a significant impact in their fields.

Emphasizing Reading, Cultivating Holistic Development

Our students thrive in an environment that prioritizes reading. Each year, the school hosts a variety of engaging reading activities, including sharing sessions by authors and large book fairs. These events provide students with invaluable opportunities to connect with authors, share in their joys and sorrows across different contexts, and broaden their horizons through diverse perspectives.

In addition to fostering a love for reading, our school promotes holistic development through a wide range of physical and artistic activities. This commitment to cultivating well-rounded individuals ensures that our students experience a comprehensive education that nurtures their talents and passions.

Future Development of School Facilities

In line with the teaching developments of the 21st century, our school is actively upgrading the campus environment and facilities. Solar panels have been installed on the rooftop to save energy and serve educational purposes. Some classrooms have been equipped with smart boards, and a humanities room has been added to enhance the integration of information technology and e-learning.

In the next three years, the school has planned comprehensive improvement projects for the entire campus, which will include a double-level library in the basement, a religious and prayer room, a fitness room, a new multipurpose activity room, and a planting area.



學校未來發展設施——擬建中的圖書館

题們是电影人

堅毅克己,務實求進

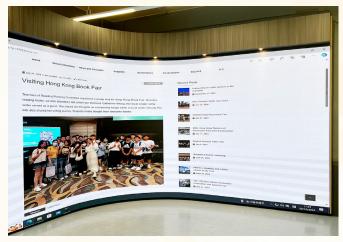
屯天人克己自律,沉穩厚重。屯天學生擁有探新求真的精神,他們精於鑽研學問、善於運用科技。他們常以孜孜不倦、互相砥礪的態度追求學問,故在人群之中,屯天人表現往往是誠懇謙厚、實事求是。在社會上的不同領域更有成就非凡的校友。



陸運會中六跑

重視閱讀,體藝共穗

电天人在重視閱讀的環境下成長,每年學校舉辦不同類型的閱讀活動,如作家講座、作家聚談會、大型書展等,讓學生有機會親炙作家,又能跟不同時空的人同喜同悲,以擴闊視野,豐富閱歷。另外,透過各式各樣的體藝活動,促進學生多元發展,實踐全人教育。



校舍設施——人文室



敬業樂群,面向世界

屯天人熱衷服務,貢獻社群。屯天教 導學生凡事感恩,心懷家國天下,與世界接 軌;而在老師的循循善誘下,加上多元化的 公民教育活動,屯天人都能體現民胞物與的 精神,愛主愛人,而從事教育、醫護、社工 等職業的校友不計其數。



英文科VR體驗活動

學校未來發展設施

為配合21世紀教學發展,本校積極改善校園環境和設施。本校天台已安裝太陽能發電板,用以節省能源和教學用途。部份課室已裝置智慧黑板和添置人文室,配合資訊科技和電子學習。在未來三年,本校已規劃整體校舍改善工程,包括地下雙層圖書館、宗教和祈禱室、健身室、新多用途活動室和種植場。

Curriculum that Progresses with the Times While Preserving Tradition and Embracing Innovation

The Education Bureau's external assessment report praised our school for "providing students with a broad and balanced school-based curriculum, where the junior secondary curriculum lays a foundation for the knowledge and skills required in senior secondary subjects. The senior secondary curriculum offers a diverse array of subject combinations tailored to students' abilities, interests, and needs."

Junior Curriculum

In addition to traditional subjects such as History, Geography, and Chinese History, we have introduced the Citizenship, Economics and Society to prepare students for the senior secondary Citizenship and Social Development curriculum, enabling them to engage with social issues and essential skills.

We emphasize reading both English and Chinese newspapers and books, offering reading classes to broaden students' perspectives and enhance their proficiency in both languages. Coupled with English language teaching, technological advancements, and career planning, our junior secondary levels offer interdisciplinary English courses, STEAM subjects, and vocational education, solidifying students' academic foundations while keeping pace with the times.

Invited by The Chinese University of Hong Kong, we participate in the Jockey Club-funded project "Using Virtual Reality for Chinese Language Education" to enhance Chinese writing skills for Form 1 and Form 2 students through the use of virtual reality (VR) learning.



中式建築設計比賽



Science in Action

Using Information Technology to foster learning

In line with the Education Bureau's fourth wave of information technology education initiatives, all subjects fully integrate the use of information technology in teaching. Students can bring their own laptops or tablets to class (BYOD), which fosters preparation before class, interactive participation during class, and communication and discussion after class.

We actively promote flipped classrooms and WebQuest learning by encouraging students to prepare before class. Through field trips, experiments, and presentations, students share and exchange their inquiry results, fostering independent learning.

We are also responding positively to the directions of STEAM education, aiming to enhance students' understanding and application of scientific investigation, artificial intelligence, the Internet of Things, smart gardening, 3D printing technology, and app development software in daily school life, deepening their learning across the four major areas of STEAM.

Clifted Education

Our school actively promotes student participation in the Hong Kong Academy for Gifted Education's gifted student nomination process. For the 2024-2025 academic year, 80 students have been confirmed as gifted students by the academy and will take part in various gifted training courses. In addition to the courses offered by the Hong Kong Academy for Gifted Education, our students are also actively involved in various gifted training programs offered by The Chinese University of Hong Kong and The Hong Kong University of Science and Technology, achieving excellent results and sharing learning experiences with gifted students from other secondary schools.



資優教育組頒獎

Senior Secondary Curriculum

In addition to the four core subjects: Chinese, English, Mathematics, and Civic and Social Development, we offer 16 elective subjects that cater to students' diverse interests and abilities while also meeting the needs for further education in local and overseas universities and preparing them for a globalized future.

Key Learning Areas	Subjects
Science Education	Physics, Chemistry and Biology
Technology Education	Business, Accounting and Financial Studies, Health Management and Social Care, Design and Applied Technology, Information and Communication Technology
Personal, Social &	Economics, Geography, History, Chinese History, Tourism and
Humanities Education	Hospitality Studies and Ethics and Religious Studies
Mathematics Education	Mathematics (Extended Module 2)
Chinese Language Education	Chinese Literature
Arts Education	Visual Arts

The school arranges and funds student participation in study tours, allowing students from Hong Kong to explore the world. In the 2023-2024 academic year, students visited Singapore and New Zealand, establishing collaborative programmes with renowned local secondary schools. Prior



to the pandemic, visits included destinations such as Nanjing, Guizhou, Inner Mongolia, Tanzania, Australia, the Maldives, Taiwan, and Macau.

In recent years, the school has received funding from the Quality Education Fund to implement the program "From Field Trips to Virtual Tours for Autonomous Learning."

課程與時並進

既保傳統亦敢創新

教育局外評報告讚揚本校「為學生提供寬 廣和均衡的校本課程,初中課程已鋪墊高中科 目的基礎知識和技能,高中課程能因應學生的 能力、興趣和需要,提供多元化的科目組合供 學生選擇。」

中一銜掊課程——STEAM

初中課程

保留歷史、地理、中史等的傳統科目外,為 了預備高中公民與社會發展科的開展,亦同時開 辦「公民、經濟與社會科」,讓學生接觸一些社 會議題及科本技能。

強調閱讀中、英文報章和書籍,開設閱讀課,以擴闊視野及提升中英文的水平。配合英語教學、接軌科技發展和生涯規劃,初中各級分別開辦跨學科英語科、STEAM、職業課,為學生整體中學階段鞏固學術基礎,與時並進。

本校獲香港中文大學邀請,參與賽馬會資助項目「觸境生情」寫作計劃,利用虛擬實境(VR)學習,促進中一、中二學生的中文寫作能力。

要馬會 Ade On Ling III 上海 建聚氰溴医艾森辛甘酸 WR Project for Innance Language and

「觸境生情」虛擬實境語文教學計劃啟動禮

運用資訊科技促進學習

按教育局第四波資訊科技教育方向,各科全面投入應用資訊科技教學,學生可自攜手提電腦或平板電腦回校上課 (BYOD),以促進學生課堂前的預習、課堂上的互動參與及課堂後的聯繫溝通討論。

著力推廣翻轉課堂(flipped classroom)及網絡探究學習 (WebQuest),要求學生做好預習,並透過實地考察、做實驗及匯報,將探究成果分享交流,促進自主學習。

積極回應STEAM教育路向,在學校日常生活中,加強學生對科學鑑證、人工智能、物聯網、智能園圃、3D打印技術、應用程式編寫軟件等的認識與應用,深化學生對STEAM 5個主要領域的學習。

資優教育

本校積極推動學生參與香港資優教育學苑資優學員提名,於2024-2025年度80名學生獲學院確認為資優學員,參與不同的資優培訓課程。除了香港資優學院課程,本校學生積極參與香港中文大學和香港科技大學各項資優培訓課程,獲取優良成績,更與來自其他中學的資優生交流學習心得。

高中課程

除中、英、數、公民與社會發展 科4個必修科外,已開設16個選修科, 以切合學生不同性向和能力發展,亦 配合升讀本地和海外大學及面向全球 化發展的需要。



學習領域	科目
科學教育	物理、化學、生物
科技教育	企業、會計與財務理論、健康管理與社會關懷、設計與應用科技、 資訊與通訊科技
個人、社會與人文教育	經濟、地理、歷史、中國歷史、旅遊與款待、倫理與宗教
數學教育	數學延伸單元二
中文教育	中國文學
藝術教育	視覺藝術

安排並資助學生參加遊學計劃,從香港出發,走向世界。學生在2023-2024已探訪過新加坡和新西蘭,與當地著名中學達成合作計劃。疫情前曾探訪地方包括南京、貴州、內蒙古、坦桑尼亞、澳洲、馬爾代夫、台灣、澳門等。

近年獲優質教育基金批款,推行「從實地考察到虛擬導覽的全自主學習」計劃。



English Teaching:

Enrich the English Learning Environment



Spellathon

Fine—tuning the Medium of Instructions: EMI classes

Class Type A: All subjects are taught in English except Chinese Language, Chinese History, Putonghua and Life and Society (with around 75% of the students in the same level)

Class Type B: English Language, Mathematics and Science are taught in English. Other subjects are taught in Chinese with some English-extended learning opportunities (around 25% of the students in the same level)

Language Across Curriculum (LAC)

- Establish LAC Team, coordinating language activities across curriculum and publishing English learning materials with teachers in content subjects
- Publish language enrichment reading materials in different subjects
- Set up LAC Library Collection and publish English reading guided worksheets
- Coordinate class observations and professional dialogues and run language enrichment activities with different subjects
- Provide online platforms such as English Builder for building up students' learning habits

Life-wide English Learning

- English activities: English Campus TV, Musical, Excursions, English Corner, Talent Show, English Newsletter, English debate, Joint-schools English speaking practice and Study Tours
- English Environment: English Speaking Days, English Notice, School events conducted in English, English school websites, Wed, Thu and Fri English Morning Assembly
- English Reading: Extensive Reading Scheme and English Book recommendations by teachers and students
- English Bridging: Summer Bridging Course, Language Enrichment Classes, School-based Vocabulary and Writing Booklets, Spellathon



英語软學

豐富英語學習環境

微調教學語言

全科英文班:除中國語文、中國歷史、普通話及公民、經濟與社會外,所有科目均以英語授課(就讀人數初中每級約佔75%)

主科英文班:英語、數學及科學以英語授課, 其他科目用中文授課,並提供一些英語延伸學習機會 (就讀人數初中每級約佔25%)



- 成立跨學科英語學習小組,統籌跨課程的語言活動,並與不同科目教師共同出版英語學習材料
- 各科製作科本英語閱讀材料以豐富英語學習環境
- 設立LAC圖書館收藏並出版英語閱讀指導工作紙
- 協調課堂觀察及專業對話,並與不同科目進行語 文增潤活動
- 提供網上平台,如English Builder,以培養學生 的學習習慣



Musical 2024 'Peter Pan'



F1 Summer Bridging Course



English Writing Workshop

全方位英語學習

- 英語活動:英語校園電視、音樂劇、校外考察、英語角、才藝表演、英語通訊、英語辯論、聯校英語口語練習和學習之旅
- 英語環境:英語日、英語校務通訊、以英語進行的校內活動、校網英文版、每週三至五的英語早會
- 英語閱讀:廣泛閱讀計劃,及教師和學生 推薦的英語書籍
- 英語橋樑:暑期銜接課程、語文增潤課程、校本詞彙及寫作小冊子、拼字競賽

Reading Culture:

Loving to Read, Seeking New Knowledge, and Finding Joy in Collecting Books

The Education Bureau's external evaluation report highly praises our school's reading culture, noting that "the school has made concerted efforts to promote reading over the years. The large-scale book fair organized annually, along with related activities such as author talks and book recommendations, has successfully created a positive reading atmosphere."

"The subject-specific reading plans, interdisciplinary theme-based reading, and the library classes for Form 1 also help cultivate good reading habits among students and develop their reading strategies."

In 2018, our school was selected as the Best 作家講 Reading Secondary School in Hong Kong and was invited for a special interview by Radio Television Hong Kong.

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作家講座——法籍作家張雪婷 (Christine Cappio)

胡燕青廿士講座後為同學簽書留念

Language Across Curriculum (LAC)

- We offer a variety of reading activities, including library leadership programs, book clubs, bookstore tours, bookplate design competitions, used book restoration workshops, literary walks, reading camps, and attending author talks and poetry recitals organized by tertiary institutions.
- The library implements the "Reading Man" reading program school-wide, utilizing morning assembly to share reading insights with students.
- Each year, we hold a large-scale book fair to foster students' interest in reading, purchasing, collecting, and appreciating books, with book purchases exceeding HKD 200,000.
- During the book fair, we host Chinese and English author talks, inviting renowned local authors to share their insights on reading, writing, and life experiences.
- We participate in large inter-school theme-based author reading events and the Inter-School Literary Camp.
- Over the past years, our school has co-hosted the "International Writers' Workshop" with Baptist University, featuring guest author exchanges.



愛書讀書尋新知 買書藏書胎情意



法籍作家張雪婷(Christine Cappio)

如作家講座和好書推介等,成功營造良好的閱讀氛圍。」

「科目的閱讀計劃、跨科的全方位主題閱讀以及中一的圖書館課 措施,也有助培養學生良好的閱讀習慣,發展他們的閱讀策略。」

2018年獲撰為全港最佳閱讀中學,更應邀接受香港電台專題採訪。

多元化的閱讀資源及活動

- 多元化的閱讀活動,如圖書館領袖生、讀書會、書店漫遊、藏書 票設計比賽、舊書修復工作坊、文學散步、閱讀營、參加大專 院校舉辦的親炙作家講座、詩歌朗誦會等。
- 圖書館推行全校「Reading Man」閱讀計劃,利用早會向學生 分享閱讀心得。
- 每年舉辦大型書展,培養同學讀書、購書、藏書和愛書的情操。購 書額超過20萬元。
- 書展期間舉行中、英文作家講座,邀請本港知名作家分享閱讀、創作和人生經驗。
- 參加聯校大型主題作家閱讀活動和聯校文學營等。
- 本校過去多年跟浸會大學合辦「國際作家工作坊」駐校作家交流會。



Career Planning: Understanding Yourself, Establishing Aspirations, Practicing Ideals

The external evaluation report acknowledges the effectiveness of our school's career planning initiatives, which arrange training courses, workplace visits, internships, and other activities to help students gain a deeper understanding of their personal inclinations and future, while effectively enriching their experiences in the working world.



CEO與青年人對話分享會

Increasing Understanding of Oneself and Work, Establishing Aspirations:

New High School Subject Selection:

 Organizing guidance and workshops for Secondary 3 subject selection, simulating subject choices, and holding a Secondary 3 parents' night

Preparing for Further Education and Employment:

- Conduct mock exam release activities
- Offer guidance courses on further studies and career choices
- Visit tertiary institutions and participate in seminars and interview workshops
- Participate in the Rotary Central District's "Walking Together with Schools" to co-organize small tutor training programs
- Host alumni association events such as "University Course Sharing Sessions" to introduce joint admissions ranking strategies and "Career Sharing Sessions" where alumni share their work experiences and insights, providing internship opportunities.
- Engage in overseas university exchange activities.
- Involve students in "Peer Guidance" workplace experience activities.



中六模擬放榜

经期規劃

認識自己,建立抱負,實踐理想



外評報告肯定本校推行生涯 規劃的成效,為學生「安排訓練課程、職場參觀及實習等活動,讓學 生對個人性向及未來有更深入的認 識和了解,並有效豐富他們對工作 世界的經驗」。

增加對自己和工作的認識,建立抱負

新高中選科

• 舉辦中三選科輔導及工作坊、模擬選科、中三家長晚會等。

局升讀大專院校與就業作準備

- 舉辦文憑試模擬放榜活動
- 開設升學及擇業輔導課
- 參觀大專院校及參與升學講座、面試工作坊
- 參與中區扶輔社「與校同行」計劃,合辦小導師培訓計劃



中三家長晚會選科講座

- 舉辦校友會「大學課程分享會」介紹聯招排序策略及「開拓前路職業分享會」 由校友分享工作經歷及閱歷,並提供實習機會
- 海外大學交流活動
- 參與「友導向」職場體驗活動



Spiritual Virtues:

Reverence for God and Self-Love, Service to the Community

Understanding God's Word and Practicing the Spirit of Christ



聖誕宗教禮儀



健康管理與社會關懷科活動——銀髮屯天人

Through religious education classes, religious activities (prayer sessions at morning assemblies, prayer services, Religious Week, etc.), Catholic Society, Gospel Choir, Caritas Bazaars, and charitable services, we promote the spirit of the Gospel.

Emphasizing Service Learning

We cultivate awareness of service and caring for others starting in junior high school, gradually advancing to planning and leading service activities.

Diverse Services

Neighborhood volunteer services, support for new immigrants, flag sales, fundraising for voluntary organizations, etc.

Valuing Volunteer Training

We provide volunteer training courses and hold annual award ceremonies to recognize outstanding volunteers.

External Evaluation Report

"The large group of youth in public service includes students from various levels and not only engages in regular activities but also frequently organizes external service projects, contributing positively to the development of students' social skills and virtues."



靈性品德

敬主自爱。服務社群

認識天主聖言,實踐基督精神

透過宗教教育課、宗教活動(早會祈禱、禮儀、宗教周等)、天主教同學會、聖詠團、明愛賣物會、愛德服務等,傳揚福音精神。



天主教同學會聖像畫工作坊



開學禮儀

重視服務學習

初中開始建立服務及關懷別人的意識,逐步提升至策劃及帶領服務。

多元化服務

鄰舍義工服務、新移民支援服務、賣旗、 為志願團體籌款等。

PK P. A. A. A. A.

聖誕報佳音

重視義工培訓

提供義工訓練課程,每年舉辦義工頒獎表 揚傑出義工等。

外評報告

「龐大的公益少年團,廣納不同級別的學生,除常規活動外,亦經常策劃校外服務,對 培育學生的群性及德性發展,起良好作用。」



明愛賣物會



The external evaluation report praises our students for being "well-behaved and courteous, eager to learn, and harmonious in their interactions." It notes that "students respect their teachers, are friendly towards others, and enjoy communicating," and observes that "students love campus life and are enthusiastic about participating in school activities." Furthermore, "senior students are willing to take care of their younger peers, and student leaders display confidence and articulate communication skills."



本校學生當選為2023年屯門區傑出學生

External Scholarships

- · Elsie TU Education Fund
- · Rev. Joseph Carra Memorial Education Grants
- Ng Teng Fong Scholarshi
- Kanya Lee Scholarship
- Upward Mobility Scholarship

新界劍擊巡清賽

Academic Performance

- Best 5 subjects in the Hong Kong Diploma of Secondary Education (HKDSE): 5** 5** 5* 5
- In recent years, over 80% of students have met the requirements for admission to universities and colleges.
- In 2024, more than 60% of students were allocated places through the Joint University Admissions Scheme.

Form One Discretionary Places Application

Please scan the QR code on the left from 2nd January to 16th January, 2025 for accessing the electronic application form.



新界劍擊邀請賽

領袖學生

奮發振翅,力求攀置高峰

外評報告讚揚本校學生「守規有禮, 純品受教,彼此間和諧共處。他們尊敬師 長,對人友善,樂於溝通」,又認為「學 生喜愛校園生活,樂於參與學校活動」, 而「高年級學生願意照顧低年級的學弟學 妹,領袖生表現自信,談吐得體。」



中六文憑試放榜

校外獎學金

- 杜葉錫恩教育基金
- 祁良神父教育基金獎學金
- 黄廷方獎學金及李杜靜芳獎學金
- 上游獎學金



POLYU Junior Researcher Mentoring Programme 2024



學生會候選內閣問答大會

學術表現

- 香港中學文憑試最佳5科成績:5**5**5*5*5
- 近年平均符合升讀大學/大專資格的達八成以上
- 2024年度大學聯合招生辦法(JUPAS)獲派學位的 學生達六成以上

中一自行分配學位申請

請於申請期2025年1月2日至 1月16日掃瞄左方二維碼,填寫網 上申請表格。







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